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## LIFE GROUP LESSON OUTLINE: RELEASE SERIES PREPARED BY: PASTOR DAVID YONG (JANUARY 2021)

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### OVERVIEW

Lessons from **RELEASE** seeks to inspire and challenge the disciple of Christ to grow further in maturity to be - a disciple maker! Each of these 4 lessons are positioned intentionally one after the other to build upon supporting themes that will help the believer to be a 'perfect' (spiritually mature) disciple of Christ!

This series is designed to be lean – devotional format. Focusing on one topical key verse, with focused elaborations on context and Biblical principles revealed. It is oriented around discussion to reinforce the learning experience of the participants. 3 categories of approximately 12 questions are provided with leader cues. Designed with no material briefing required with other facilitators when – sufficient time is taken to read through the Leader's Guide, personal elaborations added on and prayerfully seeking the anointing and empowerment of Holy Spirit to facilitate – you'll be ready! Visual aids are provided in the form of powerpoint slides which highlight key points and discussion questions to increase facilitation engagement. Lessons conclude with the emphasis on prayer from the lesson, participants' personal needs and other prayer needs according to the local church focus.

### CONTENT

#### **LESSON 1: Released in Reverence**

Lesson Objective : Recognizing God is our Reason - for living and serving Him.

Supporting theme : Reset

#### **LESSON 2: The Restful Race**

Lesson Objective : Rest is a requisite in the Race of life.

Supporting theme : Balance

#### **LESSON 3: Ruins to Resurrection**

Lesson Objective : Re-proclaiming the message of Hope!

Supporting theme : Hope

#### **LESSON 4: Receiving to Release**

Lesson Objective : Restoring the grace of giving

Supporting theme : Generosity